

## Sometimes a little help is all we need.

- Assistance with daily personal care
- Medication reminders
- Support with all home duties
- Help with meal preparation
- Transport to and from appointments
- Assistance running errands
- Embracing linguistic cultural diversity
- Someone to chat with and enjoy a cup of tea
- A companion to share a movie or a day out
- Punctual, reliable support
- Superior, quality care
- Professional and friendly assistance available on a short or long term basis

Arcare at Home is all about lending a helping hand. With our in-home service you can stay in your own home with friendly, professional care and support.

Our aim is to keep you living well in your home for as long as possible.



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## Bringing Care to your home



Arcare at Home

Arcare at Home provides the highest level of care and support to assist with daily living.

## Quality care and companionship.

Arcare at Home offers you quality care in the comfort of your own home.

Our professional staff provide companionship and assistance with a wide range of home duties - because sometimes all we need is a helping hand.

Arcare at Home is a division of Arcare Pty Ltd, one of Australia's most highly regarded aged and disability care providers.

Arcare Pty Ltd is a fully accredited service provider and is approved by the Commonwealth Department of Health & Ageing and the Victorian Department of Human Services so you can have peace of mind that our care and service is of the highest standard.

Our carefully selected staff are fully reference and police checked and receive on-going training which means that you can rest assured we'll provide care, tailored for your needs.

At Arcare at Home we pride ourselves on our reliable and flexible service because we know that consistency, sensitivity and compassion are the cornerstones of best quality care and support.

### Premium Service 'Living Well' Packages

For those who enjoy a little extra peace-of-mind, Arcare offer packages of care. For further information phone 1300 272 273.

## Respectful & professional - it's your home after all.

- ✓ **Personal Care**  
Assistance with activities of daily living including showering, dressing, prompting with medication and personal grooming.
- ✓ **Home Help**  
Support to keep the household running smoothly including cleaning, washing, ironing, shopping for groceries and much more.
- ✓ **In-home Cooking**  
Assistance with preparation of daily meals in your own kitchen.
- ✓ **Transport**  
To save you the inconvenience of taxis, our support staff can drive you to your appointments.
- ✓ **Social Support**  
Arcare at Home is a person centred service. Our service can include a chat and a 'cuppa' or maybe a movie, the theatre or just a trip out for a drive.
- ✓ **Respite**  
We offer an in-home respite service because we understand that every now and then everyone needs a break.
- ✓ **Overnight and 24hr Care**  
If required we provide 24hr carers, 7 days a week to ensure round the clock care and support.

